

Come Dance With Us!

Capital English Country Dancers

Season 2026-2027



*Dancing with friends in sync with
beautiful music is
a joyful, magical experience!*



First Sundays Sept-May 2-5 pm (Intro Workshop 1:30 pm)

St. John's Episcopal Church, 146 First St., Troy, NY

General Admission \$15 (Discount with membership)

Live Music. All dances taught. No partner needed.

Contact: dianehbell@gmail.com 518-416-6771

Web site: danceflurry.org/series/capital-english-country-dancers/

Videos: <https://tinyurl.com/ECD-Video-Playlist>

September 6 Intro Workshop Don Bell w/ recorded music	October 4 Don Bell w/ Alan Thomson, Eric Buddington & Malcolm Callagy	November 1 Barrett Grimm w/ Elke Baker & Liz Donaldson	December 6 Val Medve w/ Alan Thomson, Tricia Van Oers & TBA	January 3 Elizabeth Freeman w/ Vonnie Estes, Charles Fisher & Nancy Bakemeier
February 1 Helen White w/ Dominik Lansdowne, Sue Polansky & TBA	March 7 Melanie Axel-Lute w/ Jean Monroe & Eleanor Lincoln	April 4 Orly Krasner w/ Alan Thomson, Robin Wilson & Sammy Weinstein	May 2 Martha Griffin w/ Spare Parts	More Info: 