



# SHAKE, RATTLE, AND... *CONTRA*!!!!

Join us for contra dances\* with live music in the historic Shaker Meeting House, a site for community, celebrations, and dance since 1848!

The DanceFlurry Organization & Shaker Heritage Society

**TUESDAY, SEPTEMBER 19 AND OCTOBER 3RD<sup>⌘</sup>**

**DANCE FROM 7:00-9:30PM**

**INTRODUCTORY SESSION FOR BEGINNERS AT 6:45 PM**

**\$10 SHS & DFO Members and Seniors**

**\$12 non-members; \$6 students**

**Buy tickets for two dances for a discount price of \$5/\$9/\$10 for each dance.**

Enjoy live music, fun, and entertainment for both beginners and seasoned dancers alike. No experience necessary, no partner needed.

\*What's a contra dance? Contra dances are done in long lines of couples, steps are similar to square dances. Dances are first taught and instructions are called throughout the dance.

**Callers, Joan Savitt (Sept.) and Fern Bradley (Oct.), with music provided by the Capital District MegaBand, conducted by George Wilson.**

**⌘ SPRING DATES ARE APRIL 17TH AND MAY 1ST**

**25 MEETING HOUSE ROAD, OFF RTE 155,  
NEAR THE ALBANY AIRPORT**

[www.shakerheritage.org/about-2/directions-and-hours](http://www.shakerheritage.org/about-2/directions-and-hours)



*Connecting and Inspiring  
Through Traditional  
Music and Dance*

The DFO sponsors the annual Flurry Festival in Saratoga Springs along with a variety of dances all year round for all ages and ability levels - contra, swing, Cajun and Zydeco, English Country and Community dances. [www.danceflurry.org](http://www.danceflurry.org)



SHS is the site of America's first Shaker settlement. SHS works to preserve the 770-acre Watervliet Shaker National Historic District, with Shaker buildings, an herb garden and

apple orchard, open fields, the Ann Lee Pond nature preserve, and the Shaker cemetery where the Shaker founder, Ann Lee, is buried. SHS offers programs, concerts, and workshops. Come for a picnic, hike, or just relax and experience the atmosphere of this special place. [www.shakerheritage.org](http://www.shakerheritage.org)